



Penywaun Primary School

RSE Policy

'The teaching of RSE at Penywaun Primary School will respond to and be respectful of the lived experiences of learners.'

Principles of Delivering Effective RSE:

At PPS our RSE policy and programme will support and build on each learner's knowledge, skills and values in appropriate ways throughout their development and create safe and empowering environments, which build on learners' experiences both within and beyond the educational setting, providing positive alternatives to some learners' experiences.

Set out below are our key principles to guide how RSE should be developed and delivered:

- RSE will be part of a whole-school approach and effectively integrated and coordinated across the curriculum.
- Effective RSE requires specialist expertise, (School Nurse, External Agencies) time and resources. This will ensure a supportive environment is created to ensure learners and practitioners are safe to discuss and learn about issues which may be sensitive or challenging.
- RSE should be interdisciplinary in its approach to content, knowledge and understanding and in the way it is explored. RSE is a broad and complex area that includes biological, social, psychological, spiritual, ethical and cultural dimensions that evolve over the lifespan.
- All practitioners should contribute to the school's RSE priorities and professional learning is a key requirement for delivery of high quality RSE.
- We enable all practitioners to access learning that can support them to develop confidence and knowledge regarding RSE.
- RSE will be delivered in a way that is inclusive. This helps ensure that all learners can see themselves, their families, their communities and each other reflected across the curriculum and can learn to value difference and diversity as a source of strength. This contributes to a cohesive, fair and equitable society that equips learners with skills for life.
- PPS will ensure that we have clear lines of communication in relation to RSE and should engage with learners, parents, carers and the wider community offering them the opportunity to discuss and engage with decisions about learning and teaching in RSE. During parent workshops, questionnaires, drop-in and open days.
- Our provision draws on specialist services and expertise, and engages with local communities, being mindful of different perspectives and backgrounds within a local community.
- Our approach to RSE will be protective and preventative, considering how learners might need to be supported to:
 1. understand and cope with change, conflicts and pressure;
 2. have the knowledge to recognise discrimination and violence, including Violence against Women, Domestic Violence and Inappropriate Sexual Behaviour
 3. seek help and advice where appropriate.

- The approach to RSE will involve recurring themes and topics which reinforce and build on the learners' developing understanding and changing needs and should encourage learners to take increasing responsibility for their own learning.
- Practitioners should recognise, learners' social, physical, emotional and cognitive development and needs, as well as their evolving knowledge and experience.
- Progression in RSE should be a continuous process aiming to improve overall learner well-being and safety and to realise the four purposes. As learners progress, they should build on previous learning: consolidating and strengthening the same dispositions; knowledge and skills and applying them in new, relevant contexts. The approach to RSE should therefore ensure that all learning and educational experiences will be sequenced and reinforced across the continuum.
- RSE sessions may be delivered in a class or small group settings, ensuring the needs and experiences of each learner are taken into consideration and addressed appropriately. Enabling the development of the knowledge and skills necessary for children to become healthy and confident individuals in Penywaun, and the wider world.

Planning & Developing our PPS RSE Progression Continuum:

Working with the needs of the children in our care we plan and deliver RSE lessons with purpose, to support our learners in developing healthy relationships within the school community, local community and individual family circumstances.

We use the RSE Code as guidance to inform curriculum design and form our progression model.

RSE is continuously revised, revisited and reviewed to ensure we are best meeting the current needs of the learners in our care.

Parental Meeting Held: Nov 2022 (C Rogers)

This policy will be reviewed annually.

Signed:

Date:

COG:

Links to further documentation:

<https://hwb.gov.wales/api/storage/24d21ea4-fe27-470b-8e39-7d2b7f227737/220804-rse-leaflet-en.pdf>

<https://www.rctcbc.gov.uk/EN/Resident/SchoolsandLearning/RelatedDocuments/Religionvaluesandethics/RelationshipsandSexualityEducationFAQ.pdf>

<https://www.gov.wales/curriculum-wales-relationships-and-sexuality-education-rse-code>